

BENEFITS OF THIS TREATMENT

This is a non-invasive, treatment using radiofrequency energy to help tighten skin and improve overall skin laxity in the face, abdomen, thighs and arms. ThermiSmooth is a safe treatment that does not require any downtime.

SPECIAL INFORMATION ABOUT THIS TREATMENT

ThermiSmooth requires 4–6 treatments, one to two weeks apart to see maximum results. Improvements will be noticeable within weeks, but optimal results are seen about 3 months after your first treatment. During the consultation your provider will discuss your personalized treatment plan. This treatment feels like a warm massage and should be comfortable and painless.

PRIOR TO TREATMENT

- It is important to exercise and drink PLENTY of water. Our nurse's recommend drinking half of your body weight in fluid ounces. For example if you weigh 150lbs, you MUST drink 75ozs of water PER day. Wear comfortable clothing, and remove all body jewelry prior to treatment.

POST-TREATMENT CARE

- It is important to exercise and move your body to allow your lymphatic system to be efficient at decreasing swelling. Remember to continue hydrating through the duration of your treatment plan. You may experience some redness, tenderness, or firmness in the treated area for up to 1–2 weeks. This is normal, but if you have any questions please call! A warm compress and light massage may help with any discomfort.

CONTRAINDICATIONS

- You are not a candidate if you are pregnant, breast feeding or have metal implants.