

## BENEFITS OF THIS TREATMENT

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This treatment that can help with sun damage, the appearance of red scars, stretch marks, acne, rosacea, broken capillaries, and spider veins. Ellipse/IPL/BBL is a great treatment for brown freckling and “age spots” of the face, neck, chest, hands, and arms. Treatments once or twice a year can change your skin to keep it looking “forever young”. Minimal downtime is required for this treatment and can be considered a “lunchtime” procedure.

## SPECIAL INFORMATION ABOUT THIS TREATMENT

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Ellipse/IPL/BBL requires 3–4 treatments, 4–6 weeks apart to see maximum results. Improvements will be noticeable starting around 1 month, but optimal results are seen 6 months after your first treatment. During the consultation your provider will discuss your personalized treatment plan. Topical numbing can make this a more comfortable treatment.

## PRIOR TO TREATMENT

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- Stop all Retin-A, Retinol, Hydroquinone, and Vitamin C Serums 1 week before treatment. This is required to decrease overall sensitivity. Gentleman please shave 24 hours prior to treatment.

## POST-TREATMENT CARE

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- Avoid the sun and all heated activities for 24 hours. Do not resume skin care regimen for 4 days. Your skin may appear red, dry, and flaking for up to 2 weeks after having this procedure. Specifically for the treatment of sun damage the pigmentation can appear darker, lasting up to 14 days, but this is normal and a necessary reaction for optimal results. Do not pick, scratch or scrub the compromised skin. No exercising for 24 hours after treatment.

## CONTRAINDICATIONS

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- You are not a candidate if you are pregnant, breast feeding, recently on antibiotics, or have been on Accutane in the last 12 months.