MICRONEEDLING

BENEFITS OF THIS TREATMENT

This treatment can help with skin rejuvenation, stimulate collagen, and help with the appearance of acne scarring. Microneedling is a fast, and effective treatment safe for all skin types. The micro openings in the skin allow medications and PRP deep into the dermis enhancing the overall result for each treatment. Minimal downtime is required.

SPECIAL INFORMATION ABOUT THIS TREATMENT

Microneedling requires 3–6 treatments, 4–6 weeks apart to see maximum results. Improvements will be noticeable starting the first week, but optimal results are seen 3–6 months after your first treatment. During the consultation your provider will discuss your personalized treatment plan. This treatment requires topical numbing, making it a more comfortable experience. This can also be paired with PRP (platelet rich plasma).

PRIOR TO TREATMENT

 Come with a clean and fresh face. Gentlemen please shave the night before. To help minimize bruising stop supplements, fish oil and NSAID products 1 week prior to treatment. Arnica can be started 2 days prior, and do not drink alcohol the night before.

POST-TREATMENT CARE

 If there is any discomfort, Tylenol may be taken. Daily activities can be resumed with no sun exposure to the treated area for 24 hours. Sun protection with SPF 30+ recommended.

CONTRAINDICATIONS

 No contraindications for microneedling or microneedling with PRP.

