

BENEFITS OF THIS TREATMENT

This is a non-invasive treatment that reduces body fat and improves your overall body contour. Vanquish is a safe, FDA approved radio frequency treatment that destroys fat cells without having any downtime.

SPECIAL INFORMATION ABOUT THIS TREATMENT

Vanquish requires 4–6 treatments, one week apart to see maximum results. Improvements will be noticeable within weeks of starting, but optimal results are noted about 3 months after your first treatment. During the consultation your provider will discuss your personalized treatment plan. This treatment feels like a warm heat lamp, but should be comfortable and painless.

PRIOR TO TREATMENT

- It is important to exercise and drink PLENTY of water. Our nurse's recommend drinking half of your body weight in fluid ounces. For example if you weigh 150lbs, you MUST drink 75ozs of water PER day. Wear comfortable clothing, and remove all body jewelry prior to treatment.

POST-TREATMENT CARE

- It is important to exercise and move your body to allow your lymphatic system to remove the fat cells being destroyed. Remember to continue hydrating through the duration of your treatment plan. You may experience some redness or tenderness in the treated area for up to 1–2 weeks. This is normal, but if you have any questions please call! A warm compress and light massage may help with any discomfort.

CONTRAINDICATIONS

- You are not a candidate if you are pregnant, breast feeding, or have metal implants in your body.