

BENEFITS OF THIS TREATMENT

This is a non-invasive treatment reduces fat, tightens skin, and can reduce the appearance of cellulite. VelaShape III is a safe, non-invasive treatment that does not require any downtime.

SPECIAL INFORMATION ABOUT THIS TREATMENT

VelaShape III requires 6 treatments, one week apart to see maximum results. Improvements will be noticeable within weeks of starting, but optimal results are seen 3 months after your first treatment. During the consultation your provider will discuss your personalized treatment plan. This treatment feels like a warm deep tissue massage and should be comfortable and painless.

PRIOR TO TREATMENT

- It is important to exercise and drink PLENTY of water. Our nurse's recommend drinking half of your body weight in fluid ounces. For example if you weigh 150lbs, you MUST drink 75ozs of water PER day. Wear comfortable clothing, and remove all body jewelry prior to treatment.

POST-TREATMENT CARE

- It is important to exercise and move your body to allow your lymphatic system to remove the fat cells being destroyed. Remember to continue hydrating through the duration of your treatment plan. You may experience some redness or tenderness in the treated area for up to 1–2 weeks. This is normal, but if you have any questions please call the office!

CONTRAINDICATIONS

- You are not a candidate if you are pregnant or breast feeding.